

For Professionals

Non-Training Resources:

NAEYC Resources for Early Childhood Professionals:

- <https://www.naeyc.org/resources/topics/covid-19>

Supporting Mental Health

- <http://www.sprc.org/news/resources-support-mental-health-coping-coronavirus-covid-19>

Zero to Three Resources

- <https://www.zerotothree.org/resources/3291-coronavirus-resources-for-early-childhood-professionals>

Dr. Wycoff's Library of Psychology, Trauma, Education and Public Health Podcasts / Resources / Materials

- https://docs.google.com/spreadsheets/d/1frXQ5z2NfKp3EYFV8JZml8N7_VfU_e4TDqx6zGPnI0/edit#gid=0

Questions about HIPAA and Digital Services

- <https://www.zurinstitute.com/resources/hipaa/#misc>

Telehealth with children

- <https://www.youtube.com/watch?v=CUof3Um4ktw>.

Telehealth & ethics

- <https://www.youtube.com/watch?v=5az3hIpX0UY..>

Take a Deep Breath – Calm

- https://www.calm.com/blog/take-a-deep-breath?utm_source=lifecycle&utm_medium=email&utm_campaign=difficult_times_subs_031720

Facebook Group - "Tele-PLAY Therapy Resources and Support" (search by group name to join)

Interventions for Online Therapy with Children and Youth

- <https://www.guidancett.com/blog/interventions-for-online-therapy-with-children-and-youth-2020?fbclid=IwAR3dVLX5LAD8d1nexasTyLMxe2bqvXntS6phY-MN1geCu7wZa2oiMtNENZak>

Play Therapy Supports

- <https://www.facebook.com/watch/?v=2901192976664695>

Breathing Narratives:

- https://students.dartmouth.edu/wellness-center/wellness-mindfulness/relaxation-downloads?fbclid=IwAR21dEsmjT4eXAXa85bz9ZEgiDODtn3E5In2D6gS_nmpPtpX2oIWCoh2doY

Liana Lowenstein Resources for online play therapy

- <http://creativeplaytherapist.com/lianaonline/>

Digital Resource Kit for Adapting Your Practice

- http://info.mhs.com/digital-resource-toolkit?fbclid=IwAR0nNLksfv8BmelgAfHHHaLtz4Hyv8mR_VAjy2nfsjK-ZEkdo52mfc8iOWQ

Free Worksheets About Social Emotional Skills

- https://www.mylemarks.com/store/c36/FREE_DOWNLOADS.html

Teletherapy Activities

- https://www.guidancett.com/blog/interventions-for-online-therapy-with-children-and-youth-2020?fbclid=IwAR1H_MzNApahNWgyPcwtHVUQGqiYL3wppP9E2utvwWNGBWlg4IA1DZj2dOI

Teletherapy Activities

- <https://www.meehanmentalhealth.com/the-playful-therapist-blog/telemental-health-and-children-20-free-minimal-supply-activities?fbclid=IwAR28dznj03z0YaZoYOweK31iJDJR91WKO34zo1sHPjBiPgi8Hj5vkOSdaKg>

Introduction to Teleplay Therapy: Considerations and Preparations:

- https://www.youtube.com/watch?v=kmZJdC0eTbc&fbclid=IwAR18rVfj_PuWvCnASgWiz8UZfE6jyb9wpiCiyGsUhdYST9G67-lwx--KqQ

Online Whiteboard

- https://whiteboardfox.com/?fbclid=IwAR0jffKVvsBSGNOj1LX041eqF_JuEER9n3UIW_5Qr1Mf7m

A mindful approach to supporting your team:

- <https://www.headspace.com/work/mindful-approach-to-covid-19>